



BREAKFAST MENU

Served from 9am - 12.00 pm

- | | |
|---|--------|
| 1. Buttermilk Pancakes (2, 4, 7, 10) | €11.50 |
| <i>3 fluffy buttermilk pancakes with a choice of Nutella OR crispy smoked streaky bacon and maple syrup.</i> | |
| Children's portion (2 pancakes) | €8.00 |
|
2. Breakfast Bap (2, 4, 7, 14) (Gluten Free option available) | €12.50 |
| <i>Allshire's smoked streaky bacon, sausage, black and white pudding, crispy fried potatoes and a fried egg all wrapped up with a bit of ketchup in one of John Fields floury baps.</i> | |
|
3. Avocado Toast (2, 4, 7) (Gluten Free option available) | €12.50 |
| <i>Wholemeal sourdough toast with avocado, feta and roast cherry vine tomatoes.</i> | |
| Add egg and bacon | €14.00 |
|
4. Gluten Free Breakfast Bap (2, 4, 7, 14) | €12.50 |
| <i>Allshire's smoked streaky bacon, fried eggs, crispy fried potatoes and ketchup. On Clonakilty Gluten Free Kitchen Bun.</i> | |

PLEASE ASK A MEMBER OF STAFF OR SEE
OUR SPECIALS BOARD FOR DAILY SPECIALS.

Certain omissions are possible on menu items but substitutes are not. Thank you.

List of Allergens

- | | |
|---|---|
| 1. Celery | 8. Molluscs, mussels, oysters |
| 2. Cereals – spelt, barley, wheat, oats | 9. Mustard |
| 3. Crustaceans – prawns, crab, lobster | 10. Nuts, almonds, walnuts, pecans, etc |
| 4. Eggs | 11. Peanuts |
| 5. Fish | 12. Sesame Seeds |
| 6. Lupin | 13. Soy Bean |
| 7. Milk | 14. Sulphur Dioxide & Sulphites |

